Ateneo de Zamboanga University

SCHOOL OF EDUCATION

**BACHELOR OF PHYSICAL EDUCATION (BPEd)**

**FIRST YEAR**

**First Semester Second Semester**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| FG | Course Code | Course Title | Units |  | FG | Course Code | Course Title | Units |
|  | PED CALPRIN | Child and Adolescent Learners & Learning Principles | 3 |  |  | PED FSIED | Foundations of Special & Inclusive Education | 3 |
|  | UNDSELF | Understanding the Self | 3 |  |  | PED FACILCT | Facilitating Learner-centered Teaching | 3 |
|  | SPIECO | Spirituality & Ecology in the Christian, Ignatian & Islamic Traditions | 3 |  |  | MATHMOD | Mathematics in the Modern World | 3 |
|  | PHIHIS | Readings in Philippine History | 3 |  |  | KOMFIL | Kontekstwalisadong Komunikasyon sa Filipino | 3 |
|  | PURCOM | Purposive Communication | 3 |  |  | SCITECS | Science, Technology & Society | 3 |
|  | FFP1 | Freshman Formation Program | 3 |  |  | FFP2 | Freshman Formation Program | 3 |
|  | NSTP1 | National Service Training Program 1 | 3 |  |  | NSTP2 | National Service Training Program 2 | 3 |
|  | PATHFIT 1 | Movement Enhancement | 2 |  |  | PATHFIT2 | Fitness Exercise | 2 |
|  |  | Total | 23 |  |  |  | Total | 23 |

**SUMMER**

|  |  |  |  |
| --- | --- | --- | --- |
| FG | Course Code | Course Title | Units |
|  | CONWOR | Contemporary World | 3 |
|  | LITMIN | Literatures of Mindanao | 3 |
|  | ARTAPP | Art Appreciation | 3 |
|  |  | Total | 9 |

**SECOND YEAR**

**First Semester Second Semester**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| FG | Course Code | Course Title | Units |  | FG | Course Code | Course Title | Units |
|  | PED TECHTCH | Technology for Teaching & Learning 1 | 3 |  |  | PED BENLIT | Building & Enhancing Literacy Skills Across the Curriculum | 3 |
|  | PED ASSESS 1 | Assessment of Learning 1 | 3 |  |  | PED ASSESS 2 | Assessment of Learning 2 | 3 |
|  | PE PESFOUN | Philosophical & Socio-Anthro Foundations of PE & Sports | 3 |  |  | PE APPMOT | Applied Motor Control & Learning of Exercise, Sports and Dance | 3 |
|  | PE ANAPHYS | Anatomy & Physiology of Human Movement | 3 |  |  | PE MOVEED | Movement Education | 3 |
|  | PE PHYEXPA | Physiology of Exercise & Physical Activity | 3 |  |  | PE PHILTD | Philippine Traditional Dances | 3 |
|  | PE PRIMOT | Principles of Motor Control & Learning of Exercise, Sports & Dance | 3 |  |  | ETHICS | Ethics | 3 |
|  | PHIHUM | Philosophy of the Human Person: Social & Political Dimensions | 3 |  |  | RIZAL | Life and Works of Rizal | 3 |
|  | VOCMIS | Vocation & Mission in the Christian, Ignatian & Islamic Traditions | 3 |  |  | ACADWRI | Academic Writing | 3 |
|  | PATHFIT 3 | Dance/Sports/Rec & Games I | 2 |  |  | PATHFIT 4 | Dance/Sports/Rec & Games II | 2 |
|  |  | Total | 26 |  |  |  | Total | 26 |

**SUMMER**

|  |  |  |  |
| --- | --- | --- | --- |
| FG | Course Code | Course Title | Units |
|  | PE EMSAFE | Emergency Preparedness & Safety Management | 3 |
|  | PE DRUCOED | Drug Education, Consumer Health Educ. & Healthy Eating | 3 |
|  | PE Elec MK12 | Elective/Cognate (K-12 Music) | 3 |
|  |  | Total | 9 |

**THIRD YEAR**

**First Semester Second Semester**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| FG | Course Code | Course Title | Units |  | FG | Course Code | Course Title | Units |
|  | PED TCHPROF | The Teaching Profession | 3 |  |  | PED TCHCOM | The Teacher & Community, School Culture & Organizational Leadership | 3 |
|  | PED TCHCUR | The Teacher & School Curriculum | 3 |  |  | PE AQUA | Swimming and Aquatics | 3 |
|  | PE INDDUS | Individual & Dual Sports | 3 |  |  | PE COSHP | Coordinated School Health Program | 3 |
|  | PE PHITRAG | Philippine Traditional Games | 3 |  |  | PE CURASPE | Curriculum & Assessment for PE&H | 3 |
|  | PE INTDAN | International Dance & Other Dance Forms | 3 |  |  | PE TEAMS | Team Sports | 3 |
|  | PE PERCEH | Personal, Community & Environmental Health | 3 |  |  | PE SPORPSY | Sports & Exercise Psychology | 3 |
|  | PE TCHPHE | Process of Teaching Physical and Health Education | 3 |  |  | PE RESPET2 | Research in Physical Education Teaching | 3 |
|  | PE RESPET1 | Intro to Research in Physical Education | 3 |  |  | PEACE ED | Peace Ed | 3 |
|  |  | Total | 24 |  |  |  | Total | 24 |

**SUMMER**

|  |  |  |  |
| --- | --- | --- | --- |
| FG | Course Cope | Course Title | Units |
|  | PE TECHTCH | Technology Application in Teaching Physical and Health Education | 3 |
|  | PE Elec AK12 | Elective/Cognate (K-12 Arts) | 3 |
|  |  | Total | 6 |

**FOURTH YEAR**

**First Semester Second Semester**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| FG | Course Code | Course Title | Units |  | FG | Course Code | Course Title | Units |
|  | PED FS1 | Field Study 1: Observation of Teaching & Learning in Actual School Environment | 3 |  |  | PED INTERN | Teaching Internship | 6 |
|  | PED FS2 | Field Study 2: Participation & Teaching Assistantship | 3 |  |  | PED INTEG2 | Education Integrative Course 3 | 3 |
|  | PED INTEG1 | Education Integrative Course 1 | 3 |  |  |  |  |  |
|  |  | Total | 9 |  |  |  | Total | 9 |

Revised10252023

**EFFECTIVE SCHOOL YEAR 2024-2025**